

We want your feedback

We'd like to thank you for participating in our allergies wellness campaign. This is a good time to look back to see what you've achieved, as well as reflect on what could be improved.

Please help us by providing feedback on your experience. Answer this quick survey using the scale below.

	Strongly disagree	Disagree	Undecided/neutral	Agree	Strongly agree
The topic of this campaign is important to me.	1	2	3	4	5
The information provided in this campaign was easy to understand.	1	2	3	4	5
I learned new and useful information from this campaign.	1	2	3	4	5
The campaign was engaging.	1	2	3	4	5
I have already put some of the tips about managing allergies into practice.	1	2	3	4	5
This campaign will help me improve my overall health.	1	2	3	4	5
Overall, this campaign was excellent.	1	2	3	4	5
I would recommend this campaign to others.	1	2	3	4	5

Please add any comments or suggestions that would help us plan future health and wellness campaigns.

Your name: _____

Date: _____

Your signature: _____



The information and materials included here as well as in MetLife's Health and Wellness Information Library, including all toolkits, modules, template communications, text, charts, graphics and other materials, (collectively, the "Content") are intended to provide general guidance on health and wellness matters and do not constitute medical advice. While the Content is based on resources that MetLife believes to be well-documented, MetLife cannot vouch for the accuracy of the Content, and you rely on the Content at your own risk. Each person's condition and health circumstances are unique, and therefore the Content may not apply to you. The Content is not a substitute for professional medical advice. You should always consult your licensed health care professional for the diagnosis and treatment of any medical condition and before starting or changing your health regimen, including seeking advice regarding what drugs, diet, exercise routines, physical activities or procedures are appropriate for your particular condition and circumstances.